

@soaringbungeefitnessstudio

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About Soaring Bungee Fitness Studio

Founded in 2023 by Elizabeth Moreno, who took up bungee at 60. Her story, why classes stay small, and what we check before you leave the floor. Discover how Soaring Bungee Fitness Studio began and the approach behind every class.

Try 3 Classes For \$39.99

See The Safety Checks

OUR STORY

She started at sixty

Elizabeth Moreno turned 60 in 2023, fifteen years into a personal health journey. That January she saw a bungee fitness video on Instagram and thought she would love to try it. Then she went looking, and found the closest place to bungee was a two-hour drive south.

So she flew to Oklahoma, trained at Sling Bungee, and came home to open the first bungee fitness studio in St. Johns County. She had exercised most of her life, she says, but never found a kind of cardio she actually enjoyed until she found this one.

In her own words:

"I believe we all have the power through our choices to make small changes that can actually yield massive results in terms of our mind, body, and soul. One step at a time and one day at a time."

"I believe we are never too old to start something new."

Elizabeth Moreno · founder, Soaring Bungee Fitness Studio

Your First 3 Classes For \$39.99



OUR MISSION

Small by Design.
Personal by Nature.

Our mission is to help people soar into the best version of themselves through movement. That only works when your instructor can actually see you, so we keep the studio intentionally small. You will never feel lost in a crowded room here.

There is a set number of bungee stations on the floor, and we don't pretend otherwise. That limit is what gives you personal attention, plenty of space to move, and a coach who can watch your form, correct it, and help you get the most out of every bounce. Every flyer is fitted into their own harness, individually, before anything leaves the ground.

Soaring Bungee Fitness Studio is a boutique fitness studio in the St. Johns County / St. Augustine area, the first of its kind here and locally owned since 2023. The angel wings on the studio wall were painted by hand. Most people end up standing in front of them at some point, usually mid-air.

See What Happens In A Class



NEVER TOO OLD TO START

Bungee fitness after 55

Bungee fitness for seniors is an excellent way to improve health while keeping the impact on the joints low. It is the reason this studio exists at all. The founder was 60 when she opened it.



Low impact on the joints

The bungee cords absorb shock and reduce stress on the body, providing low-impact exercise for seniors with joint concerns.



Improved strength and stability

Particularly beneficial for those looking to enhance core strength and balance, reducing the risk of falls.



Enhanced flexibility

Supported by the cords, you move through a range that is hard to reach unassisted.



Moderate cardiovascular exercise

A real cardio workout at a pace that is set by you, not by the class.

Our instructors are knowledgeable about adapting bungee exercises for seniors. You will be under the supervision of a qualified instructor, you will progress gradually, and we will work with you to make sure your workout is tailored to your needs and your situation.



SAFETY & CERTIFICATION

What happens before anyone leaves the floor

Flying is the fun part. Everything below is the unglamorous part that makes the fun part safe, and none of it is optional.

Who is teaching you

Elizabeth trained and certified as a bungee fitness instructor at **Sling Bungee** in Oklahoma, the reason for the flight, back in 2023.

She has also been a **Certified Integrative Nutrition Health Coach** since 2015, which is where the "mind, body & soul" part of how she talks about this comes from.

Everyone signs before they fly

Your harness is fitted to you

The doors lock once class starts

Real health and weight restrictions apply.

Read The FAQs

Get 3 Classes For \$39.99

THE INTRO OFFER

You are never too old to start something new

Elizabeth had to fly to Oklahoma to try this. You don't. The studio is on E Twincourt Trail, and your first class is Soaring Beginners.

Intro Offer - \$39.99

HOME

REVIEWS

Soaring Bungee Fitness Reviews

Read Soaring Bungee Fitness reviews from Google and verified WellnessLiving bookings. Explore real bungee class reviews covering first-class experiences, instructors, workouts, and why people come back.

Read Google Reviews

Read WellnessLiving Reviews

FROM GOOGLE

Out in the open, on Google

Recent reviews from the studio's public Google listing, quoted word for word. Anyone can write one there, and anyone can read them all. That openness is exactly what makes them worth your time before you book.

★★★★★

Awesome experience! It was my first time, and the instructor was incredibly friendly, patient, and encouraging with both me and our group. The introduction was clear, the atmosphere was clean and refreshing, and most importantly, it honored God. I can't wait to come back! 💖

Rosanna Cobo

August 2026 · Google

★★★★★

Been going to bungee classes here for more than a year, and I just love this place, workout and people!

Mandy Potts

July 2026 · Google

★★★★★

I have been doing bungee with Elizabeth for 2.5 years. I am 70 years old and I do 3 classes a week in the summer, and 4 classes a week in the winter. This is a great workout for older people. It helps, core, balance and cardio! Give it a try, it is a true workout!

DeAnne Curtis

August 2026 · Google

★★★★★

I visit St Augustine because it's where my BFF lives. When I can I come with her for a bungee class. It's so much fun, I am grinning the entire class...and they call it exercise 😂

Kim Asamoto

July 2026 · Google

★★★★★

Loved it. Only did the intro this time but will definitely continue. Elizabeth was wonderful, demonstrating, explaining and making sure we were using correct form. It was a great experience and work out.

KAREN BECK

July 2026 · Google

★★★★★

For the first time in my life, 6 months later, I STILL look forward to a fitness class! I love it...it's fun and Elizabeth is wonderful! She's patient and makes sure you are doing the routines and moves correctly to avoid any injuries. Anyone can do this! Try it! You won't regret it!

Kim Hackl

April 2026 · Google

Read Every Review On Google

VERIFIED BOOKINGS

You have to fly before you can review

Where Google is open to everyone, this live feed is gated: a review can only be written on a completed WellnessLiving booking. Every word below comes from someone who was clipped into a harness in this room.

★★★★★★ 126 Reviews

Most recent

Write a review



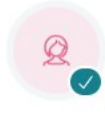
Renee W.

★★★★★ Aug 28, 2026

Had the best experience st Soaring! This was my first time doing a class like this. Our instructor was very helpful and patient with us newbies! I just signed up for more classes!

Soaring Bungee Fitness Studio response

Thank you Renee! So happy you enjoyed your 1st bungee class and signed up for more! We will see you soon!



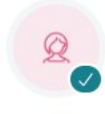
Nancy S.

★★★★★ Aug 21, 2026

Wow! This is so fun while being a great workout! I appreciate the instructor being so patient and kind while teaching me something new. I'll definitely come back for more classes when I visit the area.

Soaring Bungee Fitness Studio response

Thank you Nancy! So happy you enjoyed your bungee workout! See you soon!



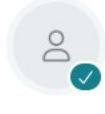
Mary Kelley K.

★★★★★ Aug 12, 2026

I tried a Bungee class today at Soaring Bungee Fitness Studio and absolutely loved it! The instructor was energetic, engaging, and made the entire class so much fun. It was definitely a workout, but in the best possible way. I'm excited to continue and really enjoyed adding something new and different to my regular workout routine. I highly recommend giving it a try!

Soaring Bungee Fitness Studio response

Thank you Mary! So happy you enjoyed the bungee class! See you soon!



Miranda M.

★★★★★ Jun 7, 2026

Fantastic! Can't wait to go back

Soaring Bungee Fitness Studio response

Thank you Miranda! Hope to see you again soon!!



Amy F.

★★★★★ May 27, 2026

Great workout! Since it was low impact, it didn't hurt my knees which is exactly the type of exercise I was looking for.

Soaring Bungee Fitness Studio response

Thank you Amy! So happy you enjoyed the bungee workout! Hope to see you again soon!



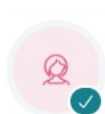
Janet H.

★★★★★ May 6, 2026

Went with two friends for our Beginner class. Instructor Elizabeth was very helpful and a beginner class was easy enough to follow with room for much growth. The class challenged us and left us feeling a good work out for overall fitness. I would definitely go back again and sign up for regular classes. Thank you!

Soaring Bungee Fitness Studio response

Thank you Janet! I am so happy you ladies enjoyed the class! I hope you will come back for another class soon!!



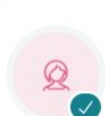
Kelly F.

★★★★★ Apr 29, 2026

I'm genuinely impressed by the energy and impact of my very first class. It delivered an incredible combination of cardio and strength training, all while being genuinely fun and engaging. Elizabeth, my instructor, was exceptional—thorough, knowledgeable, and incredibly kind—making the experience even more motivating. It's a powerful reminder of how effective—and enjoyable—a great workout experience can be. I'm already looking forward to my next class tomorrow!

Soaring Bungee Fitness Studio response

Thank you for the kind words Kelly! I'm so happy you enjoyed the class, see you tomorrow!



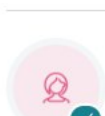
Sherri S.

★★★★★ Apr 21, 2026

We had a surprise birthday soaring bungee workout and it was amazing! A great way to workout, celebrate, sweat, and laugh with your friends! I recommend it, so gather up 7 of your friends and book a class!

Soaring Bungee Fitness Studio response

Thank you Sherri! I am so glad you all enjoyed the class and the Surprise Birthday was a success! Hope to see you again soon!



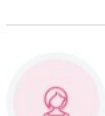
Crystal I.

★★★★★ Apr 12, 2026

Great class!

Soaring Bungee Fitness Studio response

Thank you Crystal! So happy you enjoyed the class! See you soon!



Crystal I.

★★★★★ Apr 12, 2026

I loved it!! The instructor was patient and taught us and made sure I was ok the entire time! I cannot wait to go back!

Soaring Bungee Fitness Studio response

Thank you again! See you soon!!

1 2 3 4 5 6 7 8 9 >

READY TO WRITE YOUR OWN?

Come fly, then tell us how it went

Everyone starts in Soaring Beginners. No experience needed, and you'll be fitted into your harness one-on-one before class begins.

Intro Offer - \$39.99

Leave A Review



630 E Twincourt Trail Ste 109
St. Augustine, FL 32095

(904) 584-5015

info@soaringbungeefitnessstudio.com

Class times vary, so [see the live schedule](#).

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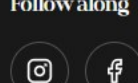
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Intro Offer - \$39.99



HOME → FAQ

Soaring Bungee Fitness FAQ • St. Augustine

BUNGEE FITNESS FAQS • ST. AUGUSTINE

Straight answers before you book

These are the questions we get asked most, answered in the studio's own words: the bungee fitness weight limit, what to wear, when to arrive, and exactly how cancellation works. Nothing here is hidden in the small print.

ON THIS PAGE

Can I do this?

Can I do this?

This is the first thing almost everyone asks, so it goes first. The limits below exist for one reason: a harness has to hold you safely. If you sit outside them, or you're not sure whether you do, ask us before you buy anything.

Are there any health or weight restrictions?

Yes. Restrictions are in place to ensure the safety and success of participants:

- There is a strict weight requirement, 90–250 lbs
- You cannot be pregnant
- If you have had surgery in the past 6 months you cannot participate, unless cleared by a doctor
- If you have current injuries and have not been cleared by a doctor to exercise
- If you have chronic neck or back conditions and haven't been cleared by your doctor to exercise
- The bungee fitness age limit is 13 and up. If between 13–17 years old, a parent must be present to sign the waiver. All flyers must weigh at least 90 lbs

Not sure whether one of those applies to you?

Send us the specifics and we'll tell you honestly whether bungee is a fit, before you spend anything. We answer every message, and there is no sales pitch attached.

[Ask us about your situation](#) [Or call \(904\) 584-5015](#)

ON THIS PAGE

Can I do this?

Before you come

Policies

Before you come

Six things worth knowing the first time. The short version: fitted clothes, non-slip shoes, your own water, and arrive fifteen minutes early, because the doors lock once class starts.

What should you wear to bungee fitness?

What should I bring to a bungee class?

Should I eat before a bungee class?

When should I arrive to my bungee class?

Do we take walk ins?

Do we provide child care?

ON THIS PAGE

Can I do this?

Before you come

Policies

Policies

Cancelling, being cancelled on, and the waiver everyone signs. Stations are limited, so the 12-hour rule is what keeps a held spot from going to waste.

What is the bungee class cancellation policy?

What is the protocol for the business cancelling a bungee class?

Do I need to sign a bungee fitness waiver?

Still have a question we haven't answered? [Send it to us](#) and we'll get back to you.

ON THIS PAGE

Can I do this?

Before you come

Policies

YOUR FIRST CLASS

Answers done. Ready to get off the floor?

Looking for bungee fitness for beginners? Your first class is Soaring Beginners, no experience needed. Stations are limited and classes fill up, so booking ahead is the safest bet.

Intro Offer - \$39.99



630 E Twincourt Trail Ste 109
St. Augustine, FL 32095

(904) 584-5015

info@soaringbungeefitnessstudio.com

Class times vary, so [see the live schedule](#).

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Bungee Fitness Blog

FROM THE STUDIO

Notes worth reading before your first class

Explore our bungee fitness blog for tips, stories, and longer reads on why bungee suits older bodies, how the studio came to be, and the founder's own thinking on looking after yourself. Written in Elizabeth's words, kept as she wrote them.

FEATURED



JANUARY 16, 2024 · 3 MIN READ

Bungee Fitness for Seniors in St Augustine and Jacksonville

Low impact on the joints, real work for the heart, and a station that is set up for the person wearing it. Why bungee suits seniors, and what we do differently for them.

Read The Post

FROM THE BLOG

Bungee fitness tips & stories, newest first



JANUARY 16, 2024 · 3 MIN READ

Bungee Fitness for Seniors in St Augustine and Jacksonville

Low impact on the joints, real work for the heart, and a station that is set up for the person wearing it.

Read the post



OCTOBER 13, 2023 · 1 MIN READ

The journey to health: mind, body, & soul

An exercise that maps how satisfied you are in each part of your life, and why self-care is not something you earn.

Read the post



FROM THE FOUNDER

OCTOBER 9, 2023 · 2 MIN READ

My journey to a Bungee Fitness Career

Elizabeth turned 60, saw a bungee video on Instagram, flew to Oklahoma to train, and opened the studio.

Read the post

< 1 >

YOUR FIRST CLASS

Read enough? Come and try it.

Your first class is Soaring Beginners: no experience needed, every station fitted to you. Stations are limited, so booking ahead is the safest bet.

Intro Offer - \$39.99



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CLASSES

Bungee Fitness Classes

Three levels, and everyone starts in the same place: Soaring Beginners. Explore our bungee fitness classes, where you'll be fitted to a harness and taught the basics before you leave the ground.

Get Started With Intro Offer

BUNGEE FITNESS CLASSES IN ST. AUGUSTINE

Every flyer starts in the same class

There are three levels here, Beginners, Intermediate and Advanced, but only one way in. **Everyone's first class is Soaring Beginners**, a beginner bungee fitness class where you'll be fitted into your harness one-on-one, learn the basic footwork and get comfortable in the air before anything moves quickly.

The only decision left is when. Pick a time on the schedule, or start with the new-flyer intro and your first three classes are covered.

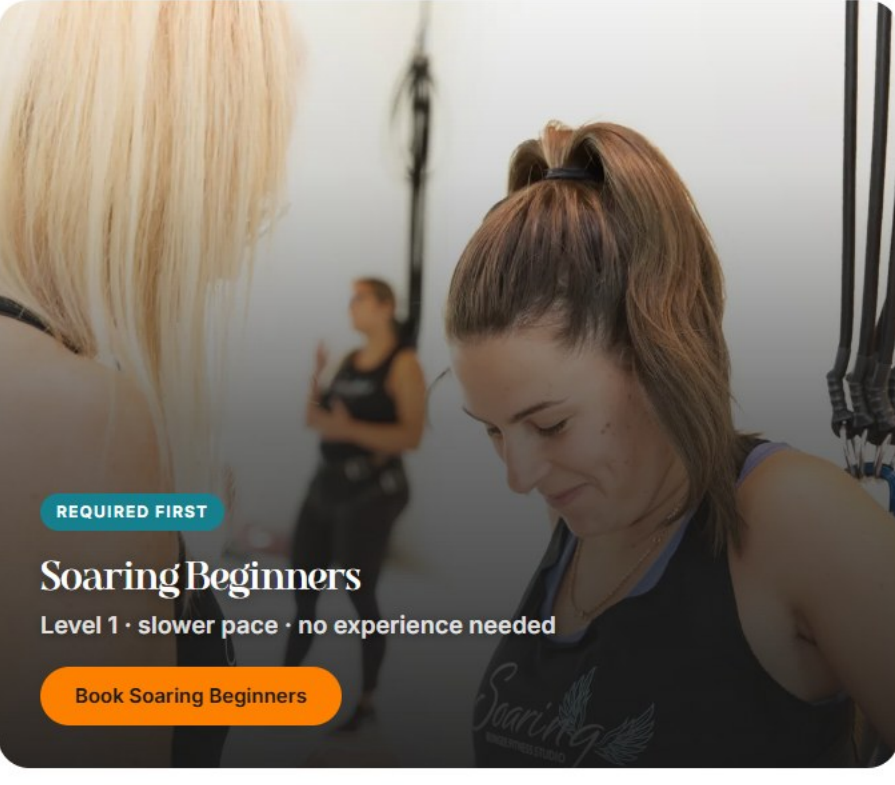
View Schedule



THE PROGRESSION

Start in Beginners. Build from there.

Each level moves faster than the one below it and adds new skills on top of the ones you already have. Below is exactly what each class is, in the studio's own words.

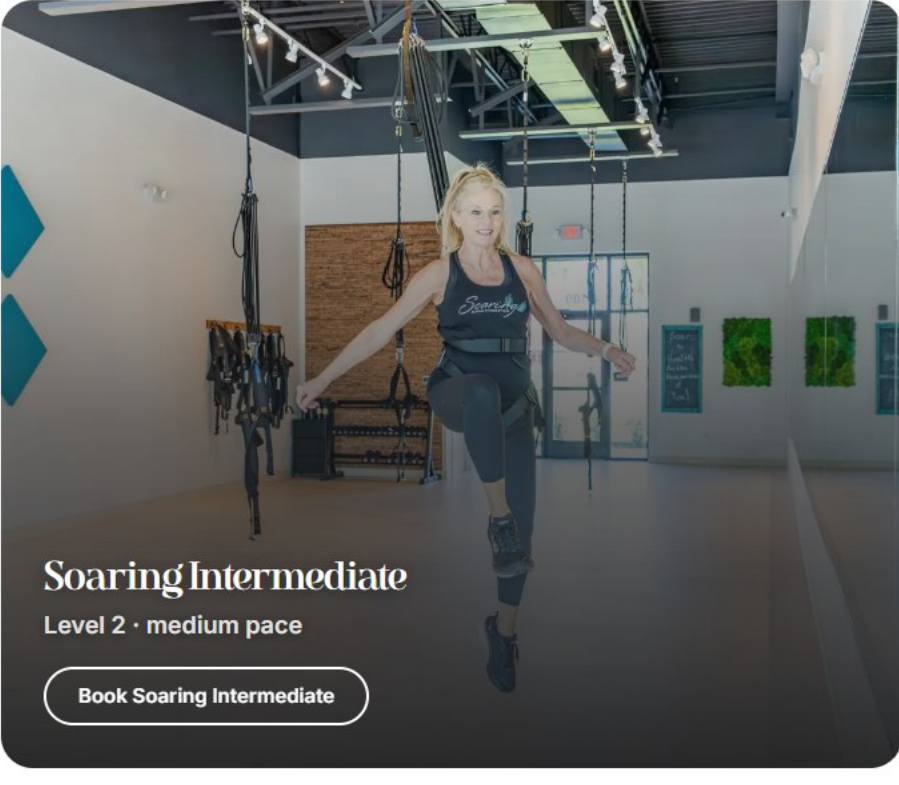


REQUIRED FIRST

Soaring Beginners

Level 1 · slower pace · no experience needed

Book Soaring Beginners



Soaring Intermediate

Level 2 · medium pace

Book Soaring Intermediate

YOUR FIRST CLASS, STEP BY STEP

What day one actually looks like

It runs in a set order, and the clock matters more here than at a normal gym: every station is rigged for one specific person. Three things to know before you walk in.

STEP 1

Arrive 15 minutes early

Your station is set up for you specifically, and that takes time. Fifteen minutes covers it, plus the health questionnaire and waiver on your first visit. Want to skip the paperwork? E-sign it in the WellnessLiving app before you come.

STEP 2

Get fitted, one at a time

An instructor fits your harness personally, matches the bungee cords to your body, then walks you through how to hang, push off and land. It's one-on-one on purpose: the right fit is what makes flying feel safe.

STEP 3

The doors lock at start time

Once class begins, the doors lock. Nobody can walk into a room full of flying people, for their safety and yours, and out of respect for the flyers already in the air, we won't stop the session. Give yourself the fifteen minutes.



BEFORE YOU WALK IN

What to wear, what to bring

All of it comes down to one thing: the harness. Dress so it sits comfortably against you, pack what makes flying easier, and don't come on a full stomach.

What to wear

What to bring

Eating beforehand

Not sure about something?

Ask before you book: an outfit question, a knee, where you sit in the weight range. We answer every message, and there's no sales pitch attached.

Send Us Your Question

or call (904) 584-5015

THE HONEST PART

Bungee isn't for everyone. We'd rather tell you now.

Every rule here exists for one reason: the harness has to hold you safely. If you're not sure whether one applies to you, ask before you book. We get this question every week, and nobody minds you asking.

Ask About Your Situation

or call (904) 584-5015

Weight range

The harness is rated for flyers between **90 and 250 lbs.** This one has no exceptions.

Pregnancy

You cannot fly while pregnant.

Recent surgery

Surgery in the past **6 months** means sitting out, unless your doctor has cleared you to exercise.

Current injuries

An injury that hasn't been cleared by a doctor keeps you out of the harness, for now.

Neck & back conditions

Chronic neck or back conditions need a doctor's clearance to exercise before you fly.

Age 13 and up

Flyers aged **13-17** need a parent present to sign the waiver, and must weigh at least **90 lbs.**

Read the FAQs

for the full list, along with our cancellation and waiver policies.

PRIVATE EVENTS

Book the studio for your group

One booking, the whole studio: **\$229 for 2-8 people.** Birthdays, Bachelorettes, Girls' Night, Team Building. It runs like a Beginner class, so everyone gets fitted, everyone flies, and it's a real workout dressed up as a party.

Private events are booked by phone, not online. Buying something on the site won't hold your date. Tell us what you're planning and we'll put it on the calendar together.

Plan Your Event

Call (904) 584-5015



YOUR FIRST CLASS

Your first class is already picked out

Soaring Beginners, no experience required. Stations are limited and classes fill up, so booking ahead is the safest bet.

Intro Offer - \$39.99

View Schedule

Soaring

Beginners

Bungee Fitness Studio

630 E Twincourt Trail Ste 109

St. Augustine, FL 32095

(904) 584-5015

info@soaringbungeefitnessstudio.com

Class times vary, so see the live schedule.

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HOME → SCHEDULE

Bungee Fitness Class Schedule

Choose your level, pick a time, and reserve your station from our bungee fitness class schedule below. Changing plans? The cancellation policy is right under the schedule.

LIVE CLASS TIMES

Book your spot

Check our bungee fitness class times, live from our booking system. Pick a class, choose your station and pay in about a minute. New here? Start with **Soaring Beginners**.

📍 Soaring Bungee Fitness Studio

Today Day **Week** Month

< Sep 28, 2026 - Oct 4, 2026 >

📅 ☰ ⚙️ Filter

📍 Soaring Bungee Fitness Studio

Today Day **Week** Month

< Sep 28, 2026 - Oct 4, 2026 >

📅 ☰ ⚙️ Filter

IF PLANS CHANGE

Cancel 12 hours ahead and your pass comes back

Every class has a fixed number of stations, so a late drop-out is a spot nobody else could take. Cancel through the **Soaring Bungee Fitness app** at least 12 hours before your class and the pass goes straight back onto your account.

If we ever have to cancel a class for minimum class size, weather, maintenance or an emergency, you'll hear from us by email or text and your pass is returned automatically.

The two things to know

12 hours' notice
Cancel in the app more than 12 hours out and your pass is returned in full.

No show: pass forfeited
If you don't show and haven't cancelled in time, the pass is used.

[Read the rest of the booking questions](#)

YOUR FIRST CLASS

Ready when you are

Grab the new-client pass first if you haven't been in before: three classes for \$39.99. Then pick your times above. Give yourself 15 minutes before your first class for the waiver and your harness fitting.

Start With 3 Classes For \$39.99

Call (904) 584-5015



📍 630 E Twincourt Trail Ste 109
St. Augustine, FL 32095

📞 (904) 584-5015

✉️ info@soaringbungeefitnessstudio.com

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Intro Offer - \$39.99



[HOME](#) → [PRICING](#)

Bungee Fitness Prices

Every pass, package and membership, priced up front. Compare our bungee fitness prices, choose the option that works for you, then pick your class times on the schedule.

PICK YOUR PASS

Every option, with the price on it

Everything here is a one-time purchase. Nothing auto-renews and nothing locks you in. New here and looking for a bungee fitness intro offer? Start on the first tab: both new-client passes cost less than a single drop-in.

New clients

Passes & packages

Private events

The new-client pass is one-time only. It's enough to get past the "what am I doing" stage. Class one is Soaring Beginners, and after that you can book any level.

New clients

Passes & packages

Private events

\$39.99

MOST PEOPLE START HERE

- 3 class passes, valid for 2 weeks from purchase. No refunds or extensions.
- Take Soaring Beginners first, then book any level.
- Arrive 15 minutes before class.
- To fly, you need to weigh 90–250 lbs, not be pregnant, and have a doctor's clearance after any recent surgery.
- Aged 13 to 17? A parent must be there to sign the waiver.

Start With 3 Classes

CHECKOUT

One store, every pass

Everything above lives in here: the new-client passes, the packs, the unlimited month, even gift cards. The moment you pay, the pass is on your account; all that's left is picking your class times on the [schedule](#).

Store categories

All Items

Class Packages

Unlimited Monthly

Gift Cards

New Client Package

Events

New Client Package

Events

Shopping at: Soaring Bungee Fitness Studio

Cart

Search by item name



Bungee: 1 Class

1 Session

\$26.00

Add to cart



4 Classes Per Month Package

4 Sessions

\$89.99

Add to cart



8 Classes Per Month Package

8 Sessions

\$149.99

Add to cart



Bungee Unlimited Monthly Package

\$179.00

Add to cart



Gift Card



"New Client Offer" 3



Private Event-MUST CALL

Shopping at: Soaring Bungee Fitness Studio

Cart

Search by item name



THE FINE PRINT, UP FRONT

No surprises at the desk

These are the studio's published terms. We'd rather you read them now than find out about them later.

Passes expire 30 days from the purchase date

Not from your first class, from the day you buy. Multi-month packages state their own term above.

No refunds or extensions

Packages can't be refunded or extended once purchased.

Non-transferable

A pass belongs to the person who bought it and can't be shared or passed on.

12-hour cancellation window

Cancel in the Soaring Bungee Fitness app more than 12 hours before class and your pass is returned. A no-show uses the pass. [See the full cancellation policy.](#)

Gift cards expire 6 months from the sale date

Gift cards are available in the store above, a good option if you're buying for someone who hasn't tried it yet.

YOUR FIRST CLASS

Three classes is enough to know

Take the new-client pass, book Soaring Beginners, and decide after that. Stations are limited, so the earlier you book the more times you get to choose from.

Start With 3 Classes For \$39.99

See The Class Schedule



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Intro Offer - \$39.99



HOME → GALLERY

Bungee Fitness Photos

This is the room you'll fly in and the people you'll fly with, all photographed here in the studio. Browse our bungee fitness photos to get a closer look, then pick your first class.

Intro Offer - \$39.99

View Schedule

INSIDE THE STUDIO

A look around the room

Explore our bungee fitness gallery, featuring photos taken in our studio with our members: the bright white room, the pale wood floor, the hand-painted wing mural and the harnesses that do the lifting. No stock photos, no models.



SEE IT FOR YOURSELF

The best view of the room is from the harness

Soaring Beginners is where everyone starts. Stations are limited and classes fill up, so booking ahead is the safest bet.

Intro Offer - \$39.99

Ask A Question



630 E Twincourt Trail Ste 109
St. Augustine, FL 32095

(904) 584-5015

info@soaringbungeefitnessstudio.com

Class times vary, so [see the live schedule](#).

Get moving

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Contact Soaring Bungee Fitness

Questions before your first class? Contact Soaring Bungee Fitness to ask about classes, check the hours, or get directions to the studio. Call, email, or send us a message, whichever works best for you.

BUNGEE FITNESS STUDIO · ST. JOHNS COUNTY

Come find us

We're in the Twincourt Trail plaza just off US-1 in north St. Augustine, a few minutes from World Golf Village. Call, email, or send the form below. A real person here reads every message and answers it.

Name *

First Name

Last Name

Email *

Subject

Phone (Optional)

Message *

Your Message...

☐ Verify you are human



Send Your Message

We reply to every message. If you'd rather not wait, call us. The phone is quicker.

Soaring Bungee Fitness Studio

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Questions about restrictions, private events and group bookings are all answered fastest by phone.

Hours

Classes run inside these hours. [See the live schedule](#) for exact class times.

Monday	7:00 am – 11:30 am 3:30 pm – 6:30 pm
Tuesday	8:30 am – 1:00 pm 4:00 pm – 7:00 pm
Wednesday	7:00 am – 11:30 am 3:30 pm – 6:30 pm
Thursday	8:30 am – 1:00 pm 4:00 pm – 7:00 pm
Friday	7:00 am – 11:30 am
Saturday	7:30 am – 12:00 pm
Sunday	Closed

Already know bungee is for you?

Book Soaring Beginners. It's the class everyone starts in. Or read the FAQs first for the health and weight limits.

Book Soaring Beginners

Read The FAQs

GETTING HERE

Suite 109, Twincourt Trail

Free parking right outside the door. Arrive 15 minutes before class starts. Harnesses are fitted to each person, and the doors lock once class begins.

Get Directions



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Your Account

YOUR ACCOUNT

Sign in to manage your classes

Book and cancel classes, check what’s left on your passes and packages, update your details and sign your waiver, all in one place. New here? Create an account in under a minute; it’s the same login you’ll use at the studio.

What you can do here

- Book a class, or cancel one you can’t make
- See how many classes are left on your pass or package
- Update your contact details and payment method
- Sign your waiver before your first class

Cancellation and expiry rules are in our [Terms of Use](#).

Sign in to continue



or

Email

Enter email

Password

Enter password



[Forgot password?](#)

Continue

Don't have an account? [Sign up](#)

NOT A MEMBER YET?

Your first class is Soaring Beginners

Three classes for \$39.99 to start, no contracts and no joining fee.
Your account is created when you book.

Book Your First Class

See Passes & Packages



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